

JOURNEYS

August 2003

The Quarterly Newsletter for Antioch University Seattle Alumni

Kits Help New Teachers Thrive

Most first-year teachers spend an average of \$1,000 to cover the cost of basic classroom supplies their school districts cannot provide. To offset some of this expense and help them thrive as first-year teachers, Antioch received grants and donations to create “new teacher kits” for recent graduates of our undergraduate teacher certification program. Kits included such items as pens, pencils, construction paper and scissors.

Antioch would like to acknowledge the following sponsors for their support of this project:

- Bartell Drugs
- Commercial Fabrics
- Office Depot
- Rotary District 5030
- Rotary Seattle #4
- Skyway Luggage
- Heart of America Fund of the Tides Foundation



Rotarians assembled and distributed 50 new teacher kits to graduates of the Bachelor of Arts with Teacher Certification (BATC) Program at a special reception July 10. Rotarians Nancy Buffington Lucks, B.A. '89, and Sharon Bloome, Honorary M.A. '03, were instrumental in securing funding for the project.



Anil Coumar Named 2003 Distinguished Alumnus

Antioch recognized Anil Coumar, who received his master's degree in psychology in 1994, as this year's distinguished alumnus at the commencement ceremony June 15.

Coumar is the director of the mental health clinic at the University of Washington's Hall Health Center, which provides mental health counseling and medication assessment and management to UW students, faculty and staff as well as the public. Under Coumar's direction, the clinic practices mindfulness-based cognitive therapy, an approach that incorporates Eastern philosophy and Western therapy.

Coumar received his bachelor's degree in medicine and surgery from Madras University in India and held residencies and research positions in Pondicherry, India and London, England. He was a physician for nearly 10 years before deciding to become a psychotherapist.



Coumar decided to pursue his master's degree in psychology at Antioch because of its regard for life experience. He also valued Antioch's emphasis on classroom discussion and student interaction.

Now a licensed psychotherapist, Coumar counts one of his greatest successes as being named director of the Hall Health Center Mental Health Clinic. He's proud that he helped restart the internship program at the clinic and that several Antioch psychology graduates are on staff.

In addition to his work at the Hall Health Center Mental Health Clinic, Coumar has served as a board member for the Northwest Vipassana Foundation and as a volunteer and trainer for the Seattle Crisis Clinic.

Coumar resides in Seattle with his wife Arlyce and their eight-year-old son Arun.



Dr. Toni Murdock
President

Thank you, Antiochians, for a successful year.

We graduated 286 students. We added highly experienced and dynamic faculty and staff members. And we continued to raise money and awareness for the scholarship endowment at Antioch. I'd like to extend a special thank you to the alumni who joined us at Jazz Alley, the first of many such events to benefit and grow the endowment. As a result, this fall we will award a \$1,500 Presidential Scholarship to a deserving student.

As you browse the list of this year's contributors below, I hope you will think about the educational opportunities they made available through their generous support.

Contributions Received July 1, 2002 to June 30, 2003

Legacy Club

Ken MacDonald
Joyce Walters, B.A. '01

Bridge Builders (\$100,000 +)

Bill & Melinda Gates Foundation
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President's Circle (\$5,000 +)

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University Friendship Circle (\$1 - \$249)

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Judith Gray
Ron A. Greeley, M.A. Psych '86
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Julie A. Harmon Gagnon
Linda Harmon
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Andrea C. Whyte
Robert B. Woodruff, M.A. WSD/OSR '88
Kristin Woolever

Alumni

Jeff Baierlein, M.S. GMP '02, works as a program director for the Boojum Institute for Experiential Education, which creates outdoor programs for education curricula and at-risk youth organizations, as well as challenge courses and retreats for organizations who want to use the Southern California mountain setting for team building events.

Margie Bloch, B.A. '97, M.A. WSD '01, is the director of community development for the Leadership Institute of Seattle at Bastyr University. "Happily this work combines my passion for servant-based community leadership with the skills and knowledge I gained at Antioch."

Elizabeth "Katy" Brant, M.A. Psych '78, has been in private practice in South King County for more than 20 years. She currently serves as president of the Association for Humanistic Psychology.

Alia Calendar, M.A. Psych '85, works as a certified life coach. Her practice, LifeMuse Coaching, specializes in working with women at midlife and other turning points. She designs and co-presents experiential workshops on nature and spirit, the Enneagram combined with movement, and the creative process. This fall she will begin "The Art of Spiritual Guidance," a two-year training program at the Hollyhock Retreat Center in British Columbia. She can be reached at (206) 363-4454 or LifeMuseCoaching@aol.com.

Dori Crisman, M.A. Psych '02, took part in a two-woman, two-week mission to distribute copies of the Bible in China.

Lori DeMarre, M.A. Psych '98, is a photographer and photo therapist. She recently launched a virtual studio and gallery. Visit www.inneressencephotography.com to learn more about photo therapy as well as upcoming photography exhibits, photo-journaling workshops and photography classes.

Jessie Denver, M.A. E&C '02, is a staff scientist with Tetra Tech, Inc., a large environmental consulting firm in the San Francisco Bay area. She performs human health and ecological risk assessments for a variety of clients.



Bonnieclaire Erling, M.S. GMP '95, began her own consulting company, F2F Consulting LLC, which offers Puget Sound engineers, architects, contractors, property managers and attorneys assistance in nurturing their client base. For more information, call (206) 878-2350 or visit www.f2fconsulting.com.

Debby Handrich, M.A. WSD '00, is an English instructor at Shoreline Community College.

Jack Johnston, M.A. Psych '01, is the program coordinator for Positive Power, an organization that empowers HIV-positive gay and bisexual men through focused, facilitated support groups.

Chris Karel, M.A. Ed. '99, was awarded the Fox Sports Network "Teacher of the Month" award. He also was named "Teacher of the Year" at the Cleveland Learning Center Halle in Ohio.

Joel Levey, M.A. '78, founded the Seattle-based Center for Corporate Culture & Organizational Health (www.wisdomatwork.com). He also founded the Sanctuary at Kohala Potala, a gathering place and conference center on the northern tip of the Big Island of Hawaii. His books include: "Living in Balance" (Conari Press); "The Fine Arts of Relaxation, Concentration & Meditation" (Wisdom Publications); "A Moment to Relax" (book and CD from Chronical Books); and "Wisdom at Work" (Conari Press). For more information, contact Levey at (206) 632-3551 or levey@wisdomatwork.com.

Ahna Machan, M.A. WSD/OSR '97, is the senior development director for the Northwest region of CARE USA, one of the world's largest private international humanitarian organizations that works with poor communities to find lasting solutions to poverty.

Ceci Marquette, Psych '01, worked as a summer art teacher for New York University's Child Study Center, designing and instructing therapeutic curriculum for children with attention deficit hyperactivity disorder.

Patricia May, M.A. Psych '89, is living in Olympia, raising her two sons and attending St. Martin's College. She is working on her educational staff associate (ESA) certification.

Julia Moser, M.A. Psych '01, has been admitted to the graduate program in ethnomusicology in the School of Music at the University of Washington.

Daniel Pacheco, M.A. Psych '97, recently was accepted into the University of New Mexico Medical School. "I plan to take my Antioch experience and now apply it to the field of medicine."

Patricia Christine Aqiimuk Paul, B.A. '93, made a presentation on the free-speech rights of indigenous people at the 51st International Congress of Americanistas in Santiago, Chile. Her paper, "The Language of the March: Arctic to the Amazon," reflects her work in Alaska, Central America and the Amazon.

John Postma, M.A. Psych '00, works as an academic counselor at Cascadia Community College. He also works as a consultant specializing in team building for corporations and leads eco-psychology treks.

Gail Rognan, M.A. Org. Psych '01, recently took the Myers Briggs Qualifying training and passed the test in order to administer and interpret MBTI inventories for clients and conduct trainings in organizations. She spoke at the National Career Development Association (NCDA) Conference in Denver. She also had two articles published — one in "Career Convergence," the NCDA newsletter, and one in the newsletter for the Association for Spirit at Work.

Steve G. Rosier, M.A. Psych '00, completed his doctorate in clinical psychology in March. He is finishing his American Psychological Association (APA) post-doctorate at the Porterville Development Center in Porterville, Calif. He also opened his own business, Wellhouse Counseling and Recovery Services, and is fully licensed for alcohol and drug rehabilitation.

Jo Ann Stoddard, M.A. E&C '02, is a project coordinator for Trees Forever, an environmental nonprofit in Marion, Iowa. She is working with the city manager, architects, engineers and planners to build the organization's new headquarters as a demonstration site for sustainable design.

Margaret Z. Sutro, M.A. Psych '97, is a licensed mental health counselor whose practice, Inner Space Studio, specializes in movement therapy for women. She has presented her work to the International Association of Trauma Counselors and the Coalition Against Sexual Assault. For more information, contact Margaret@InnerSpaceStudio.net.

Kelsey Tyler, M.A. Psych '00, is a psychology professor at DeVry University in Federal Way.

If you would like to be included in the next issue, send your alumni update to alumni@antiochsea.edu.

Faculty

Shana Hormann, M.S.W., Org. Psych core faculty, and **Pat Vivian, M.A. Psych '81**, Org. Psych adjunct faculty, will be presenters at the 2003 Organization Development Network Annual Conference in Portland, Ore. Their presentation, "Crisis Center Dies — Another Victim of Trauma," will examine organizational culture, organizational trauma and overt and covert dynamics.

Pamela Bolotin Joseph, Ph.D., education core faculty, has been selected to membership in Professors of Curriculum.

Janet Tallman, Ph.D., B.A. director, and **Anne Harvey, M.S.W.**, B.A. core faculty, will lead a workshop and present a paper at the Adult Higher Education Alliance Conference in Asheville, N.C. Their paper, "Dangerous Liaisons: Adult Learners and Academic Processes," examines why rules need to be bent for adult students.



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Save the date

Nov. 2, 2003 First Annual Horace Mann Awards at McCaw Hall

Save a tree! If you prefer to receive your next issue of "Journeys" via e-mail, contact alumni@antiochsea.edu.

Antioch Rocks Jazz Alley to Benefit Scholarship Endowment



Antioch alumni and friends listened to the smooth sounds of saxophonist Darren Motamedy at Jazz Alley June 23. The event, a fundraiser for Antioch's scholarship endowment, was sponsored by Dimitriou's Jazz Alley, the Pacific Jazz Institute and 98.9 Smooth Jazz KWJZ. Rob Perry, Jazz Alley's manager, received his bachelor's degree from Antioch in 1980.

Center for Programs in Education



We are dedicated, innovative and collaborative. We enjoy a rich culture of conversation. We are committed to reaching out to underserved populations. We believe in alternative delivery models, and we want our students and ourselves to be life long change agents and reflective practitioners. — **Education faculty and staff**



Dawson Named Director

Tina Dawson, the interim director of the Center for Programs in Education, has been named as the director for the center.

Dawson earned her bachelor's, master's and doctorate in education degrees from Virginia Polytechnic Institute and State University. She served on the faculty of Virginia Tech's College of Human Resources and Education for four years. Dawson also taught in and directed various PK-12 programs in Virginia, mostly at

independent alternative community schools, for more than 20 years. She is an advisory board member for the National Coalition of Alternative Community Schools and has participated in numerous educational collaborations between the public and private sectors. Her interests include lifelong learning, community, experiential education, change, curriculum integration and viewing all education as environmental education.

Programs and Degrees Available

- M.A. in Education for Experienced Educators (campus-based or site-based programs)
- Graduate Teacher Preparation (M.A. option)
- B.A. with Teacher Preparation
- Professional Teacher Certificate Program

More Endorsements Available

The Center has added new endorsements, and other endorsements have been reapproved under new state regulations.

New endorsements include:

- Middle Level Humanities and Middle Level Math and Science
- Early Childhood
- Library Media
- Reading
- Elementary

Reapproved endorsements include:

- Secondary Math, Science, Social Studies, English/Language Arts
- Special Education

Endorsements are available through the Center for Programs in Education and the Center for Community and Professional Learning (CCPL). Students enrolled in the master's program can work toward endorsements with their degree. Alumni holding a master's degree in education may add endorsements through CCPL. Contact Rita Hunter at (206) 268-4111 or rhunter@antiochsea.edu for information.

Want more information?

Additional information about these programs is available at www.antiochsea.edu or by contacting the Admissions Office at (206) 268-4202 or admissions@antiochsea.edu.



Education faculty and staff at a redesign retreat. Pictured: Gloria Matthews, field placement coordinator; Carolyn Hall, literacy faculty; Melissa Rickey, chair of the Graduate Teacher Preparation Program and coordinator of the Professional Teacher Certificate Preparation; and Kristopher Keil, center assistant and database coordinator.

Partnerships increase diversity, strengthen education

As part of Antioch's commitment to diversity and tradition of experiential education, the Center for Education has formed partnerships with several schools and school districts.

In conjunction with Madison Middle School, Antioch received a school improvement grant from the state Office of Superintendent of Public Instruction (OSPI) to design the curriculum for a program that will prepare teachers to work in an inclusive classroom of special education and general education students. The program will be a model for the state.

Antioch also created the First Peoples' Program with the Muckleshoot Tribal College. One-third of those enrolled in the current cohort are Native American and more than one-third are Latino or African American. Both Antioch and Muckleshoot faculty teach the students, who can earn a Bachelor of Arts with Teacher Preparation, a Master of Arts in Education or a Graduate Teacher Preparation certificate.

In addition, Antioch partners with the Stanwood School District to provide undergraduate teacher preparation, graduate teacher preparation and a master's in education. Antioch also partners with the Marysville School District to provide professional teacher preparation and a master's in education.

In all, Antioch works with 18 schools throughout Western Washington to provide field experiences for teacher candidates. The education faculty hopes to offer programs at even more sites in the future.

Alumni Audit Classes For Free

To take advantage of this benefit, contact the Registrar's Office at (206) 268-4771 prior to the start of any quarter. Courses offered this fall include:

- School and Community Relations (off campus)
- Diversity and Equity (on and off campus)
- Computer Technology in the Culture of Schools (campus)
- Approaching Tibetan Studies (campus)
- Guided Studies in Special Education or in Global, Social and Civic Education (campus)

Center for Programs in Psychology



In Antioch's psychology programs, students receive quality graduate-level education and training in the theory and practice of psychology in a variety of applied settings. The innovative classes and learning experiences promote values of:

- Ethical practice
- Social responsibility
- Cultural pluralism
- Self-exploration
- Empowerment
- Learning on intellectual, emotional, ethical and spiritual levels

Plans for Psy.D. Program Underway

By fall 2004, the Center for Programs in Psychology hopes to offer a doctoral program in clinical psychology. The Psy.D. program proposal is under review. If the Antioch University Board of Trustees and University Leadership Council approve the proposal, Antioch will send it to the state Higher Education Coordinating Board and the North Central Association, Antioch's accrediting association, for approval.

If you would like to be kept informed about the progress of this program, please contact Ulysses Zenon at ulysses_zenon@antiochsea.edu or (206) 268-4211.



ISP Program Offers Flexibility

The Integrative Studies in Psychology (ISP) Program, which involves individualized learning for students wanting a master's degree in psychology in a non-clinical field, now gives students more flexibility in developing their own degree plan.

In addition to matching their interests with the faculty advisor of their choice, students have access to a broader domain of courses to design their own degree. Aside from one

seminar required each quarter, they may take courses in any of the psychology programs and from academic programs outside the Center for Programs in Psychology.

Ned Farley, core faculty, is the new coordinator for the program.

Art Therapy Program Expands

Antioch's Art Therapy Program, the only art therapy program in the state, is expanding.

Janice Hoshino is now the full-time program chair. Antioch also welcomes a new full-time art therapy faculty member this fall.

Jayashree Iyer comes to Antioch from an assistant professorship in the art therapy program at Emporia State University in Emporia, Kansas. She received her doctor of arts in art therapy from New York University.

In addition, the Art Therapy Program has applied for approval from the American Art Therapy Association Education Program Approval Board. If

the Art Therapy Program receives approval, it will become one of only 29 approved programs in the United States. Students also will be required to take only 1,000 rather than 2,000 post-master's hours to become a registered art therapist.



Programs and Degrees Available

Clinical Programs

- M.A. in Child, Couple and Family Therapy (CFT)
- M.A. in Mental Health Counseling (MHC)
- M.A. in CFT or MHC with Art Therapy

Individualized Program

- M.A. in Integrative Studies in Psychology

Certificate Programs

- Post-Master's Certificate in Art Therapy
- Certificate in Foster Care and Adoption Therapy

Want more information?

Additional information about these programs is available on the Antioch website at www.antiochsea.edu or by contacting the Admissions Office at (206) 268-4202 or admissions@antiochsea.edu.

Alumni Audit Classes For Free

To take advantage of this benefit, contact the Registrar's Office at (206) 268-4771 prior to the start of any quarter. Courses offered for fall quarter include:

- MAP626K: Advanced Theories: Adlerian
- MAP611H: Creative Modalities: Transference, Countertransference, and Creativity
- MAP514H: Historical and Socio-Cultural Perspectives in Psychology: Indigenous Psychologies

Classes offered for winter quarter include:

- MAP611Q: Clinical Treatment of Infancy & Early Childhood
- MAP609H: Counseling Native Americans
- MAP514K: Historical and Socio-Cultural Perspectives in Psychology: Roots and Wings: Explorations in Psychology and Spirituality